

Returning to Archery

Rebuild & Revitalise

Guidance Notes for Clubs

Version 5.00

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FOR THE LOVE OF ARCHERY

INTRODUCTION

Sport and physical activity play a hugely important role in our lives, however to uphold wider public health objectives, limits have been placed on some activities and settings in order to limit social contact and reduce transmission.

This guidance sets out information for archery providers on how to participate in grassroots sport and physical activity during COVID-19 restrictions.

From 29 March, the rules on social contact will change. People will not be required to stay at home, and will be permitted to meet outdoors in groups of up to 6 people, or as a group of two households, for exercise or recreation.

A group made up of two households can include more than 6 people, but only where all members of the group are from the same two households (or support/childcare bubbles, where eligible). Social distancing must be maintained between people who do not live together or share a support bubble.

Organised outdoor sport

- Outdoor archery for adults and children is permitted in larger numbers, provided it is formally organised and follows the Archery GB COVID-secure guidance.
- Organised sport and supervised children's sport and physical activity can take place outdoors in any number, but people should maintain the rules on social contact before and after sporting activity.
- Participants should adhere to social distancing when not actively participating (e.g. during breaks in shooting, or when packing away to leave). Social interaction before and after archery should only take place outdoors, and in separate and distinct groups consisting of up to 6 people or two households.
- Where sport is not formally organised, it can only take place within the rules on social contact above - in groups of up to 6 people, or two households.

HOME NATIONS

This guidance has been produced using the UK Government's guidance, which can be read on the Gov.UK website - https://www.gov.uk/coronavirus

This guidance is produced while being mindful of the diverse strategies developed within the Home Nations of the United Kingdom. You can find general guidance on remaining safe within each of the links below.

Scotland - https://www.gov.scot/collections/coronavirus-covid-19-guidance/
Scottish Archery continue to be in direct dialogue with the Scottish Government and Sport Scotland and update their club/archer guidance regularly. For further information please visit SAA website for the most up to date guidance.



Wales - https://gov.wales/coronavirus

From 13 March outdoor sports facilities can reopen. A maximum of 4 people from 2 households can take part in activities using local sports facilities.

Northern Ireland - https://www.nidirect.gov.uk/articles/coronavirus-covid-19-regulations

Currently outdoor sport cannot take place. It is planned to resume from 1 April 2021. The latest regulations can be found by clicking on the link above.

England - https://www.gov.uk/coronavirus

From 29 March 2021 outdoor archery can resume for all, and indoor archery for disabled archers only.

ARCHERY

Archery GB has developed this set of practical guidelines to follow so that shooting, albeit restricted in some cases, can take place where the local environment allows.

The choice to return to archery or remain open is one that needs to be made locally by clubs, after considering their own circumstances. We appreciate there will be those that have genuine concerns, or their local environment will make mitigating the risks imposed too difficult to address. It is the responsibility of each club to make their own assessment based on their local environment and circumstances.

These guidelines should be read in conjunction with the guidelines for archers and coaches, and all elements of the guidelines should be considered to ensure activity can be delivered safely, whilst mitigating the risks.

A return to archery is taking place on a phased basis, the phases will change in line with the latest government guidelines once it has been published. Please note, these phases are subject to change as the government exit strategy becomes clearer.

We therefore ask you to read and consider the information below carefully, before making a decision to return to archery.

Please do not feel pressured to open or keep your club open until you are confident you can do so whilst mitigating the risks imposed by the virus, by following both the Archery GB guidelines, the current national laws and government guidance.

PROTECT EACH OTHER

There are three simple actions we must all do to keep on protecting each other

- Wash hands keep washing your hands regularly
- Cover face wear a face covering in enclosed spaces
- Make space stay at least 2 metres apart - or 1 metre with a face covering or other precautions



At all times, clubs need to remain flexible and have the ability to communicate changes to their members quickly. Clubs must respond quickly if there is an increase in the virus locally, nationally or if any club members, or visitors to the range, test positive for coronavirus.

If you have any questions, then please email membership@archerygb.org and a member of staff will get back to you. Please note a number of the team are furloughed and a response may take longer than usual.

SAFE RE-OPENING OF ARCHERY CLUBS

Whilst the re-opening of archery clubs is managed at a local level, Archery GB has the responsibility to support clubs to make informed decisions. We have created an eight-step plan to provide a simple way to decide whether to open or remain closed for now.

If you are not able to confirm **ALL** of the following steps, then your club may need to wait until restrictions are lifted further. In this case, perhaps contact your County Association and/or other clubs to see whether they are in a position to offer your members alternative opportunity to shoot in the short-term with an adjacent club.

EIGHT STEPS TO RE-OPENING

The club has:

- 1. Gained consensus on re-opening from the committee
 - o Committee approve re-opening plan
 - Volunteers and coaches have been consulted and are comfortable with reopening
 - Safeguarding/Welfare officers briefed (if not on committee)
 - Field Captains and Coaches briefed on additional range rules (i.e. social distancing, 2 - 5 metre centre spacing in line with Phase 2 Guidance Notes)
- 2. Read the guidance from Archery GB, or Home Nation
 - Guidance Notes to Club/Coaches/Archers
 - Risk Assessment Template
 - Example Range Layout
 - Implementing Booking Systems
- 3. Where applicable, seek confirmation from the landowner on re-opening and shared Archery GB guidance.
- 4. Undertaken a risk assessment on the range and ability to re-open and manage your members.
- 5. Preferably targets can be left out and not moved where possible. If moving targets is necessary, then the guidance on moving targets below should be followed.
- 6. Sufficient hand washing or sanitiser available.



- 7. A booking system to minimise contact and ensure there is sufficient capacity.
 - We want to ensure social distancing guidelines are maintained.
- 8. The ability to mark out the range in line with the guidelines.

If you have answered YES to the eight steps above, then your club may be able to reopen. We encourage you use the guidance below and please contact us if you require support.

PREPARING THE RANGE

Maintenance of the range may be required prior to opening. The primary consideration should be to ensure volunteer safety when undertaking any maintenance.

The club should undertake a range safety check and update the risk assessment **BEFORE** allowing archers to shoot. All activity should be consistent with the government guidance regarding health, travel, social distancing, and hygiene at all times.

Measures for opening the range should include but not be limited to:

- Ensure suitable disinfectant and hand sanitiser is provided*
- Disinfect / sanitise all surfaces that are touched, for example door handles/gates, targets
- Allocate individual equipment/machinery to one volunteer and fully sanitise all equipment/machinery after use
- Grass cutting as appropriate
- Provide sanitiser spray/cloths at each target
- Remove all unnecessary fomites from the range

RISK ASSESSMENT

Clubs need to record how they are implementing the guidance, mitigating the risks and ensuring that they are meeting the Archery GB and Government requirements.

If a club cannot adhere to the Government's safety and distancing guidance the club may have to consider if they are in a position to return to archery and if not, they may have to wait for the next phase or review again, as guidance changes.

Archery GB has provided a template risk assessment for clubs to use and adapt for local circumstances. This must be shared with all volunteers, coaches and members before they return to the club. You can amend the risk assessment and clubs may need to add additional measures dependent upon local circumstances.

A nominated club volunteer should manage this process and ensure that sessions and archers observe the social distancing and other Government guidelines. An example risk assessment can be downloaded from the Archery GB website.



^{*} Any sanitiser should be a minimum of 70% alcohol based.

STAY ALERT

- Archers and Members MUST NOT come to the range/club if they show symptoms of any illness but in particular of Covid-19. <u>These are highlighted on NHS Direct</u>. The main symptoms of coronavirus are:
 - a high temperature this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
 - a new, continuous cough this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
 - a loss or change to your sense of smell or taste this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

- What to do if you have any of the main symptoms of coronavirus:
 - Get a test to check if you have coronavirus as soon as possible.
 - Stay at home and do not have visitors until you get your test result only leave your home to have a test.
 - Anyone you live with and anyone in your support bubble, must also stay at home until you get your result.
 - o Follow all current laws and government guidance.
- If you are symptomatic, living in a household with a possible COVID-19 infection you must follow all current guidance. If you are classified as extremely vulnerable on health grounds, you should be especially careful and be diligent about social distancing and hand hygiene.
- Archers and other Members should notify the club if they develop symptoms after attending the archery range.
- All clubs are asked to notify Archery GB using this simple survey, of any archer or volunteer that reports a positive test, where NHS Test and Trace have been in touch or other related incident no personal information is required. Click here to complete the survey https://www.surveymonkey.co.uk/r/agbcovid-reporting

TRAVEL

In general, the advice is to try and reduce the number of journeys we all make. People from different households must not travel in the same car to or from archery. For more information visit the relevant Government website.

ADDITIONAL GUIDANCE

As the guidance is expanding, the following areas are covered in a separate document, and you should read those guides as well, where relevant.

Guidance is available for:

- Summary of Guidance
- Part 1 Introduction & Reopening Your Club (this document)
- Part 2 Club Archery



- Part 3 Coaches & Coaching
- Part 4 Archers
- Part 5 Supporting Disabled Archers
- Part 6 Implementing a Booking System
- Part 7 Competition

Please note guidance can change quickly and we will respond to any changes made by government as soon as is practicable to do so. Keep up to date with the latest information at www.archeryqb.org/covid19

